Registered Company Number 07787718 (England & Wales) Registered Charity Number 1144562

# Trustees' Annual Report and Accounts

For the year ended 31st March 2023



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## Chairman's statement and annual review

### Dr Duncan Macrae Chairman the Board of Trustees

The post COVID landscape brought with it new challenges in the health sector. Following the re-opening of Vietnam, we worked quickly to resume safe face-to-face teaching to complete training courses commenced in 2019.

At the heart of our work to support the Ministry of Health achieve its goals set out in the National Action Plan for Children 2021-2030 to decrease the infant mortality rate from around 15 per 1,000 live births to under 9.5 per 1000 by 2025 and under 9 per 1000 by 2030 is the strategy that I set for our work in Vietnam in 2011, of getting the basics right for every baby, with simple effective and affordable care. Today our core mantra is enshrined in the World Health Organisation's Early Essential Newborn Care and is embedded in all our teaching.

I am proud of our partnerships with our many public sector partners, and believe that together we can overcome the barriers to change that are evident in many middle-income countries as they scale up delivery of evidence-based neonatal intensive care. The primary challenge to the provision of quality neonatal care in Vietnam are high patient to staff ratios. This persistent challenge places undue pressure on clinical and nursing teams potentially leading to compromised care. Our work over the years has shown that specialist competency based neonatal training (theory and clinical) for both nurses and doctors is key to improving survival but is also <u>critical</u> to achieving survival without long-term disability.

The adoption of the European Resuscitation Council (ERC) Newborn Life Support (NLS) course as the single newborn resuscitation programme for Vietnam is a very positive step to ensure that all delivery room health professionals have the skills to correctly resuscitate newborn babies. This year we have made great progress in embedding NLS in twenty nine provinces in north Vietnam.

I am filled with admiration for the dedication and commitment of our UK neonatal consultants and nurse educators, many have taught every year in Vietnam since the first neonatal postgraduate course in Da Nang in 2015. They show exceptional dedication to sharing UK knowledge and expertise. When I hear first-hand or read the feedback from Vietnamese doctors and nurses participating in our training programmes their words make me determined to find new ways to end preventable newborn deaths and minimise survivor disability in Vietnam.

We clearly have major challenges ahead. New legislation for INGOs in Vietnam is already impacting how we operate our medical education programmes. As we develop our latest 5 year plan, we are determined to address these new challenges and look forward to a future supporting the delivery of relevant and effective neonatal programmes.

Dr Duncan Macrae - Chairman

## **Executive Director's statement**

It has been another extraordinary year, after almost two years of online teaching, in April 2022 Vietnam fully reponed and we welcomed back our UK neonatal postgraduate teaching team and the Newborn Life Support faculty. We emerged from the Covid-19 pandemic with new ways of working, we will continue to provide learning through a mix of in-person and online activities. This approach allows us to better engage with the remote provincial hospitals in areas where mortality remains high.

The pandemic continued to cast a dark shadow over neonatal care, in particular as restrictions for access to neonatal units for both parents and wider family continued to affect the care experiences of babies and their families. The limited but hard-won access to the neonatal intensive care unit we achieved at some central hospitals pre COVID was not reinstated. It therefore remained a significant focus for us during the course of this year to achieve a return to access for parents to babies and to break down the barriers through continuing education to enable family centred care. The shining light is the continued introduction of Kangaroo Mother Care (KMC) in more and more hospitals and a steady increase in breastfeeding.

We also built on the light shone by the pandemic on the importance of hand hygiene, with excellent hand hygiene quality improvement projects, showing a sustained improvement in the rate of handwashing that can be achieved by retraining staff, simple messages and regular audits.

We have been very pleased to make strong progress this year with our flagship project the Newborn Life Support (NLS) resuscitation programme. We are close to achieving our first objective of a self-sustaining faculty of Vietnamese, NLS instructors for north Vietnam, who can train without overseas support with more than 335 health professionals trained in 29 northern provinces.

And in February 2023 we celebrated the completion of our UK neonatal postgraduate training programme at two central Vietnam hospitals. The excellent examination results were a testament to the commitment of the Vietnamese doctors who balanced a heavy workload and studying in English. The graduation ceremony was the highlight of the year with Her Majesty's Ambassador to Vietnam, Mr lain Frew presenting the certificates and encouraging the recipients to continue on a journey of lifelong learning.

We are grateful for the continued support of so many individuals and organisations this year, who have helped us to deliver a stable financial performance in what has remained an extremely challenging external environment. In particular, we would like to pay special tribute to Newborns Vietnam's, medical and nursing volunteers, who have gone above and beyond all year in their commitment to building the capacity of doctors, nurses and midwives in Vietnam; to improve neonatal care, overcome barriers to changing their practice to give every baby the best chance of survival and a healthy life.

**Suzanna Lubran MBE - Executive Director** 

### Realising the promise of a life, love, family and achievement for every baby



This report details our progress against our goals, it is a review of our journey, achievements and challenges over the past year.

We hope the report inspires many more people to support our mission for Vietnam - to end preventable newborn deaths.

## **About Newborns Vietnam**

Newborns Vietnam is dedicated to reducing neonatal mortality and promoting the health of newborns and their mothers in countries with high levels of neonatal mortality, particularly in southeast Asia but focused on Vietnam.

We are a very focused enterprise that supports the Vietnam's government's healthcare agencies to make fundamental improvements to the country's maternal and neonatal care systems. We work not just through advocacy, but by active, practical partnerships that deliver measurable results and engender their adoption at a national level, maximising the benefit to society. We empower and support health professionals to lead system change adapting British models of training and care systems to the Vietnam context.

We partner with international experts in neonatal intensive care and resuscitation at birth to support the Vietnamese Ministry of Health to achieve the goals set out in the National Action Plan for Children to decrease the infant mortality rate from around 15 per 1,000 live births to under 9.5 per 1000 by 2025 and under 9 per 1000 by 2030.

Our Newborn Life Support (NLS) programme directly supports achieving a reduction in newborn mortality. The course course provides detailed knowledge and practical instruction in the initial resuscitation of babies at birth. It is designed for all health workers, regardless of their discipline or status, who may be called upon to resuscitate a newborn baby. In 2022 we made great progress towards developing a faculty of Vietnamese NLS trained instructors for the north of Vietnam.

We believe that the most effective way of achieving saving newborn lives starts with getting the basics right for every mother and baby. Simple solutions; skin to skin care at birth, early breastfeeding, no unnecessary separation of mother and baby, effective hand hygiene. We work collaboratively with our public health partners, providing a nurturing learning environment to build capacity and knowledge to support excellence in the delivery of basic services for mothers and babies and specialist neonatal intensive care.

While essential newborn care benefits small and sick newborns, adding special and adequately resourced intensive care units for very sick babies would reduce neonatal mortality by almost 50%. It would also promote healthy child development and foster economic productivity. Cost-effective solutions exist for the main causes of neonatal death and disability. This includes newborn infants with complications from prematurity, intrapartum brain injury, severe bacterial infection or pathological jaundice, and those with congenital conditions. Substantial human potential for lifelong health and well-being is lost through neonatal mortality, disability and long-term disease. Furthermore, family members of small and sick newborns are at high risk of long-term psychological and financial problems. These, in turn, can have additional detrimental effects on a newborn's developmental, social and cognitive growth.

We work to ensure that all babies born too soon, too small and too sick and their families have the best possible chance of survival and of reaching their full potential.

# Objectives and activities for the public benefit

In accordance with Section 17 of the Charities Act 2011 contains a legal requirement that all charities' aims are for the public benefit. The Charity Commission it its "Charities and Public Benefit' guidance states that there are two key principles to be met in order to show that an organisation's aims are for the public benefit.

- o There must be an identifiable benefit.
- o Benefit must be to the public or a section of the public.

Regular evaluation of outcome data for babies undergoing intensive care demonstrates the clear and positive benefit our programmes have for thousands of babies, their families and the healthcare professionals who care for them. This is particularly through: the provision of UK specialist neonatal training and our world recognised newborn resuscitation programme, quality improvement projects and audits leading to improvement of practice in neonatal units, highlighting the challenges for neonatal care and solutions to address these through supportive advocacy for the adoption of simple but effective solutions to improve care at birth and the hours thereafter.

The aims of our charity are; to advocate for increased policy attention and global funding, develop interventions to reduce neutral mortality and specifically neonatal nursing and clinical training programmes that are suitable for the local context which can be replicated across Vietnam and in south-east Asia, the provision of life-saving neonatal equipment, and, in partnership with public health providers, to support the development of managed neonatal networks with national and regional centres of excellence, to cascade skills and knowledge to medical staff working in the poorest areas and for those with the least access to medical services.

# Implementing our strategy to end preventable newborn deaths

Our 2020-2024 business plan set out an ambitious vision to deliver direct tangible outcomes for premature and sick babies and their families. The strategy is drawn from eleven years of work in Vietnam, our first-hand experience of the limitations of a highly theoretical education system, the lack of an organisational framework for the designation of care in the lower level hospitals, low staffing levels, poorly maintained equipment, no safe transport service and no mandatory national resuscitation training.

The strategy set our aims to achieve the three most important factors identified in the business plan that could improve neonatal care outcomes in Vietnam:

- 1) the implementation of standardised post-graduate training for neonatal doctors and nurses including work-based competency assessment, through the establishment of a revised national curriculum,
- 2) the implementation of standardised resuscitation training and certification through the establishment of a National Resuscitation Organisation for Vietnam, and moved to more specialised neonatal units if necessary.
- 3) the establishment of managed neonatal networks, with standard guidelines, an appropriate level of training to get the basics right for every baby including Early Essential Newborn Care and the provision of a safe transport system. This would ensure that babies receive the care they need wherever they are born and can be promptly and safely

This is the third year of our current strategy period, and although we have made progress in delivering our mission, it has been impacted and limited by the many challenges of the post COVID period, the economic downturn, exhausted health professionals overstretched during the pandemic, and many changes in the regulatory framework for INGOs.

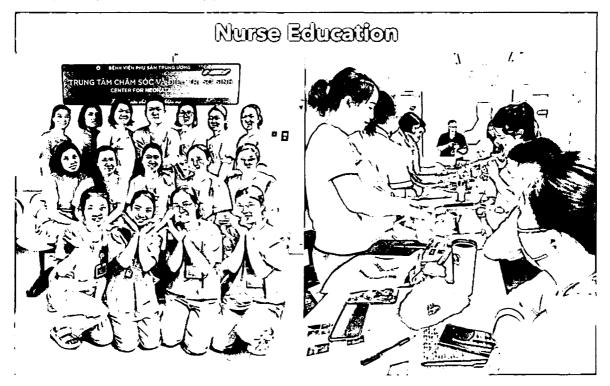
This year we have more closely aligned our strategy to the National Action Plan for Children with intervention packages, practices that have been proven effective in middle income countries. Our focus is narrowing the gap between the major Cities and provinces central to improving outcomes at birth is implementing nationwide the European Resuscitation Council (ERC) Newborn Life Support (NLS) course. Adoption of a national standardised mandatory resuscitation programme has contributed significantly to reduction in neonatal mortality.

The pilot Hanoi neonatal managed network is in its third year of operation, progress slowed during COVID and momentum has not been regained, the major barrier to change is the difficulty of large maternity hospitals in introducing and sustaining Early Essential Newborn Care. We are moving forward with a plan to support two of the six general and district hospitals to achieve designation as Ministry of Health Centres of Breastfeeding Excellence.

During the COVID period work on a new national paediatric curriculum was not a priority, this initiative will continue to move forward but very slowly. The UK/Vietnam Education Partnership is supporting the development of a national examination for licensing doctors to practice medicine and a draft Law 2023 Medical Examination and Treatment will come into force in early 2024.

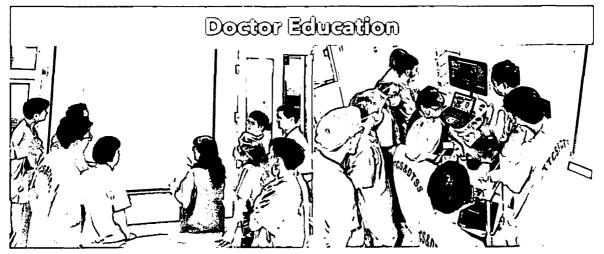
# Impact in the year - what we did

In 2022 we established a firm foundation to scale up the Newborn Life Support (NLS), and opened a two year UK Level neonatal post graduate programme at the National Obstetrics and Gynaecology Hospital, Hanoi. Our nurse education partnership with Edinburgh Napier University continues to go from strength to strength as we witness changes in practice that support improved outcomes for babies.



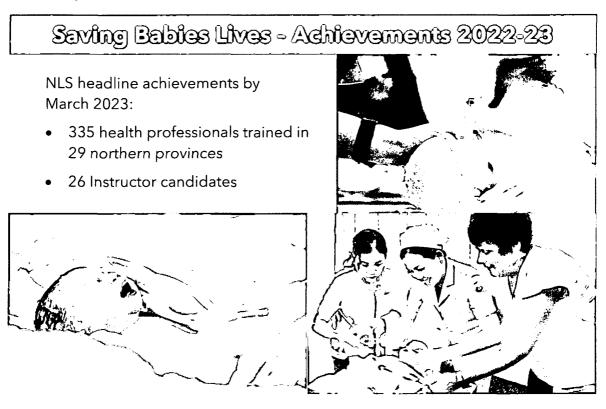
### **Nurse Mai Thanh Hai:**

"At this course, I've learned many useful things. I understand what babies have been gone through at NICU, I can understand how our daily treatment actions, all the noises, stress, pains, can affect their brain and neurodevelopment and movements, it changes my awarenes and actions. I can also transfer positive energy to my colleagues. I also understand the importance of family integrated care which I used to think it is so annoying"



### Doctor Nguyễn Thị Vân:

"I feel very deeply impressed because I only took training for general paediatrics before, so this is my first time I am being trained as a neonatologist. The course helps me so much to improve my clinical practice to enable me to have more confidence in managing difficult or serious cases."



# Learning to Practice



# Elizabeth Schonewald, UK Nurse and NLS Instructor:

As a nurse and Newborn Life Support Instructor it is always wonderful to see the progress that candidates make on a course they have attended. Your hope is that the knowledge and skills shared, enthuses the candidates to take that learning into their own practice, cascading the knowledge throughout their own teams. This has clearly been the case with one nurse I met and helped to teach in June 2022. After the course I received a message from her.



telling me that the knowledge and skills learnt on an NLS course, had been used in a real-life situation. Finding herself in attendance to a collapsed baby, she assessed the situation and quickly recognised that the rest of the team present, including the doctor, lacked the resuscitation skills necessary to provide help. She took control of the situation and used the resuscitation techniques that she had learnt, very effectively and the baby responded.

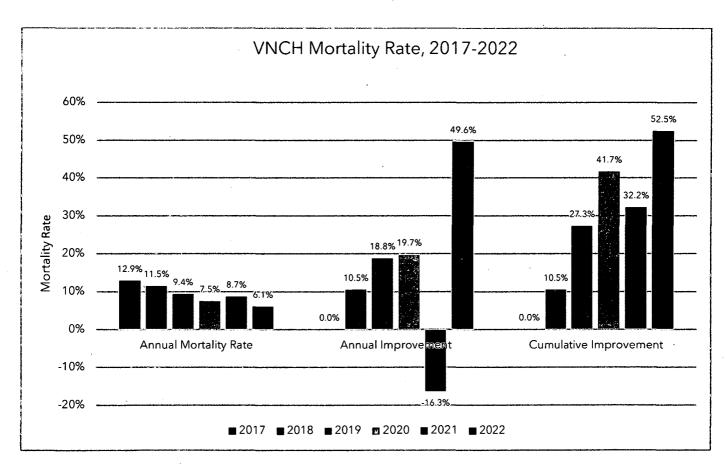
I am proud that the nurse had the knowledge and skills but more importantly the confidence to respond and lead the staff present to help the baby's recovery. Nurse Yen feels thankful to have had the opportunity to learn the resuscitation skills, and to have been able to apply those skills with a baby. She shared the knowledge that she had gained, with the team present, they listened to her leading to a positive outcome in this situation.



# Overarching Goal: reducing neonatal mortality

The Vietnam National Children's Hospital in Hanoi is the highest level of neonatal unit in the country. Newborns Vietnam commenced working with the hospital in 2017, providing Neonatal Doctor, and Neonatal Nurse training. In 2022 with an annual neonatal mortality rate of 6.1%, the Vietnam National Children's Hospital recovered from the reversal in 2021 when during the COVID pandemic only the sickest babies were admitted, which increased the mortality rate to 8.7% compared to 7.5% for the previous year, 2020.

Overall, following the completion of Newborns Vietnam programme of support for the hospital for six years from 2017 to 2022, the annual neonatal mortality rate at the Vietnam National Children's Hospital has more than halved, having reduced from 12.9% to 6.1%, a total reduction in the mortality rate of 52.5%.



# Strategy Goal 1: Neonatal post graduate training for junior doctors and nurses

Our UK neonatal consultants and nurse educators from Edinburgh Napier University delivered over 3,000 hours of face to face training for neonatal doctors and nurses from two central Hanoi and nurses at Ho Chi Minh City's largest maternity hospital.

**Nurse Training**; with the aim of sustainability, senior neonatal nurses who had undergone previous training by our partner Edinburgh Napier University (ENU) at the Vietnam National Children's Hospital (VNCH) neonatal unit were invited to deliver specific education topics to the National Obstetrics and Gynaecology Hospital (Hanoi) student co hort. The nurses from VNCH were supported by ENU staff to develop and present their teaching topic. This innovation was well received and also allowed for networking and exchange of ideas and discussion of practice between the two hospitals. Course materials in Vietnamese were available in advance, to all students in Vietnamese, on a virtual learning environment - Moodle, a platform students had unlimited access to, via desktop or a mobile device.

The programme assessment strategy was specifically designed as integrated throughout the programme, Weekly tests of learning in the form of formative individual multiple-choice test were undertaken, culminating in a final summative assessment. Throughout the training, students also participated in group work, case-based discussion and low fidelity simulation. The final assessment comprised of a multiple-choice exam, an OSCE/minicex/case-based assessment and the development and presentation of a group quality improvement project (QI project) and poster presentation.

### The participants were

- 23 nurses from Phu san Hanoi
- 16 nurses from Tu Du, HCM
- 16 nurses from National Obstetrics and Gynaecology Hospital (Hanoi)

All achieved above 80% marks and were awarded an ENU certificate of course completion.

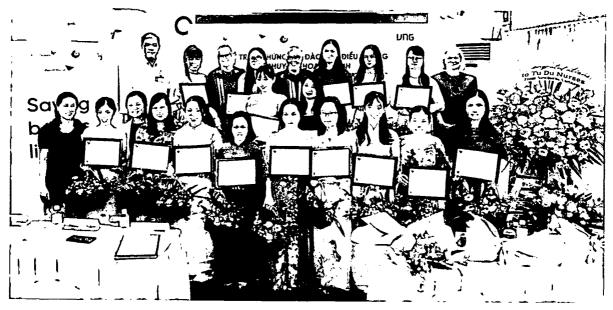
The nurses expressed their pride and gratitude for the access to the UK international training programme, and for being taught that simple solutions and minor actions that they haven't thought of before impact on the baby's development.

These are few comments from nurses about the course:

"The class helped me learn more knowledge about newborn babies, especially those with respiratory distress syndrome and how to better care for and monitor premature babies. It brings a fun and vibrant learning atmosphere with open-ended questions so that I can absorb the lesson faster".

"I feel very honored and lucky to have an opportunity to attend this Neonatal Nursing class. Thank you very much Ms. Anne Moylan, Edinburgh Napier University and Newborns Vietnam".





**Doctor Training:** The Level Neonatal Postgraduate Course is adapted from the UK Royal College of Paediatrics and Child Health Level 1 curriculum. The course was completed at two hospitals in Hanoi, following a long period of online teaching during COVID. The course is taught by UK Tertiary Level NHS Neonatal Consultants. 21 doctors were enrolled, 20 doctors completed the course.

The primary objective of following a competency-based curriculum is to translate theory into practice, thereby providing doctors with excellent clinical knowledge and skills which could be used in their everyday practice. The Level 1 neonatal curriculum is divided into 17 sections, (respiratory, birth depression, cardiovascular etc.), each section containing many competencies.

The overall aim is to foster a good clinical approach to each baby, an ability to initiate appropriate care and to formulate individual management plans logically and safely.

The doctors on the course were assessed continuously using a variety of methods including case-based discussion (CBD), miniClinical Examination (miniCex) and direct observation of practical procedures (DOPS).

All assessments were entered into each doctor's personal e-portfolio, which was a record of his/her training journey. The doctors were also expected to make personal entries into two sections of their e-portfolio including reflections on their practice, seeking best practice to manage a complex/rare problem following a literature search, learning points from formal educational sessions, and records of their practical skills. This could be considered as an introduction to future continuing professional development.

The final assessment consisted of two written papers (testing the application of knowledge and skills in different clinical scenarios), presentation of a quality improvement project, objective structured clinical examination (OSCE), A viva, an assessment of each doctor's e-portfolio all marked according to pre-set criteria. The overall pass mark was 60%. It was very pleasing that there was an average overall increase in attainment from the 2018 pre-course assessment at the two hospitals from 46% to 76%.

Level 1 Examination Results

	Phu San Hanoi Hospital Candidates										
No.	Paper 1 (max 100)	Paper 2 (max 50)	QI Project (max 50)	e- Portfolio (max 50)	OSCE (max 30)	Viva (max 20)	Viva %	Clinical % (60% pass)	Total (max 300)	Total %	
1	75.7	39.7	38.2	42.2	23.50	17.00	85	81.0	236.2	78.7	
2	68.7	37.7	37.1	41.0	24.25	13.25	66	75.0	221.9	74.0	
. 3	76.0	44.3	39.3	44.8	21.50	13.00	65	69.0	239.0	79.7	
4	85.7	42.2	38.9	44.2	25.50	18.75	94	88.5	255.1	85.0	
5	73.7	37.8	40.1	46.5	25.75	15.25	76	82.0	239.1	79.7	
6	70.3	39.2	38.5	43.2	26.50	12.00	60	77.0	229.7	76.6	
7	77.0	36.2	35.5	41.8	27.75	16.75	84	89.0	235.0	78.3	
. 8.	70.0	39.5	39.0	13.2	33 00	12.00	ለበ	. 70 N	225.6	75.2	
9	73.7	42.0	40.5	45.2	28.50	12.00	60	81.0	241.8	80.6	
10	70.0	39.3	37.4	44.3	27.00	14.75	74	83.5	232.8	77.6	
11	76.0	34.2	36,6	42.0	26.00	11.75	59	75.5	226.5	75.5	

	St. Paul Hospital Candidates										
No.	Paper 1 (max 100)	Paper 2 (max 50)	QI Project (max 50)	e- Portfolio (max 50)	OSCE (max 30)	Viva (max 20)	Viva percent	Clinical % (60% pass)	Total (max 300)	Total%	
1	65.3	35.3	40.0	37.5	18.00	15.25	76	66.5	211.4	70.5	
2	86.7	44.2	36.5	43.7	27.00	15.5	78	85.0	253.5	84.5	
3	78.3	35.5	40.8	43.7	25.75	14.75	74	81.0	238.8	79.6	
4	72.0	35.2	32.8	33.2	27.50	16.5	83	88.0	217.1	72.4	
5	69.7	33.5	40.0	46.2	27.00	14.25	71	82.5	230.6	76.9	
6	75.0	33.3	37.3	38.8	22.50	13.5	68	72.0	220.4	73.5	



A new Level 1 course commenced at the National Hospital of Obstetrics and Gynaecology Hospital, Hanoi in January 2023 for 9 neonatal doctors from with experience range from one year to twenty years. The course leaders were Dr Julian Eason and Dr David Schapira. All participants were issued with our Level 1 Handbook and the course textbook, the 4<sup>th</sup> Edition of Neonatology at a Glance.

# Strategy Goal 2: National Newborn Life Support Resuscitation Programme

In May 2022 the Ministry of Health's Department of Science, Technology Training's appraisal council approved the European Resuscitation Council's Newborn Life Support (NLS) as the single programme for Vietnam to be taught by UK/EU instructors until Vietnam achieves a fully qualified faculty of instructors, and thereby can form its own national resuscitation council.

As the coordinator of the international training provision from the UK, it is Newborns Vietnam's (NBV) task in partnership with Vietnam National Children's Hospital (VNCH) to support the development of a full trained faculty of Vietnamese instructors for northern Vietnam with the necessary internationally recognised qualifications and experience to be able to train without needing training support from overseas, and so be a self - sustaining operation that ensures all Vietnamese delivery room staff have the skills to save babies lives.

Headline achievements March 2022- March 2023

- 335 health professionals trained in 29 northern provinces
- 26 Instructor candidates
- 18 Full NLS instructors awarded a European Resuscitation Council Certification
- 8 Province Hospitals all delivery room staff participated in UK supervised practice simulation

# **Strategy Goal 3: Neonatal Network**

The initial support for a managed neonatal network has not been maintained. During COVID no progress was made other than the highly successful development and launch of the first Human Milk Bank in Hanoi.

Post COVID, momentum and interest was lost from the two central hospitals in implementing the referral and transfer plan from lower level hospitals.

Of the six lower-level hospitals who signed up to the managed network and to achieve Ministry of Health designation as breastfeeding centres of excellence (CoE) after intensive support and training, only two have made the necessary commitment and progress. The estimated timescale for their achievement of CoE designation is December 2024.

The lack of a safe transport system remains a major factor in poor outcomes. The development of our simple low-cost baby transporter trolley system is progressing, and we expect to handover the first units in 2024.

## Fundraising

One of our strategic aims is to grow our partnerships with individuals, businesses and organisations, in 2022 this was realised by continued sponsorship from Edrington and Harbour Energy our long-term partner and new partnerships with VNG Corporation and BIM Group. With these resources we drove forward the Newborn Life Support (NLS), Level 1 postgraduate training, nurse training and the provision of lifesaving equipment for Hanoi city and northern provincial hospitals.

We continued to benefit from sports events throughout the year, the Empire City swim gala was a fantastic community event with six teams, swimming nearly 175 km. We welcomed AVASport 2022 Swim Gala, the winning team, to a roar of applause, huge joy as their captain held the trophy on high. Empire City, GawNP Capital, VNG Embracing Challenges, Nutifood, AVASport and Seedcom teams were all smiles as they received their medals, and were proud to be raising funds for Newborns Vietnam.

The VNG, Da Nang Ironman 70.3 was another triumphant for community involvement, more than 300 runners joined the Newborns RUN, to raise awareness of our important message 'Every Baby Matters'.

Newborns is proud and grateful to be a beneficiary charity of the Vietnam Mountain Marathon and Vietnam Trail Marathon, the country's most famous trail runs. This funding supports our work with hospitals in two remote and poor provinces where newborn mortality is high with training and lifesaving equipment. This year the 100-mile challenge was very tough but our Newborns heroes made it to the finish line. It is always humbling to see runners push themselves to the limits of their endurance to raise awareness and funds to give the gift of life to more families.

We worked hard to ensure that our supporters who gave so generously understood what they had helped make possible. Making every supporter feel valued, allied to our work and proud of what we have achieved together. Without our many generous partners, we would not have achieved all we have this year. Looking to the year ahead it is not clear what the impact of new legislation introduced in late 2022 will have on Newborns Vietnam's capacity to deliver our programmes.



# Next year: our targets for 2023-2024

In the year ahead there will be new challenges as we address the impact to changes to the regulatory framework in Vietnam for foreign non-governmental organisations, review our achievements against our business plan targets and consider the options to ensure the sustainability of embedding neonatology as a recognised subspecialty within the Vietnamese medical education system. We will remain steadfast in our mission to reduce neonatal mortality.

Our aim remains to achieve by 2025 a self-sustaining Vietnamese faculty of Newborn Life Support (NLS) instructors for the north, south and centre of Vietnam and a Generic Instructor Course (GIC) faculty by 2026.

From mid-2023 we will roll out the NLS programme across the country, confirming new collaborations with public-sector partners in Ho Chi Minh City and Hue and seek a European Resuscitation Council (ERC) assessment for three new NLS course centres.

We will encourage and support our partner hospitals to develop their vision to deliver change with the goal of improving neonatal outcomes and to foster a culture for improvement. We will promote setting up of Perinatal teams - obstetricians, midwives, neonatologists and neonatal nurses, a multi-disciplinary "bottom-up" approach to quality improvement. Our teaching will focus on identifying the barriers to change to develop a realistic road map with clear goals.

A neonatal experience is always extremely difficult, and often traumatic. In Vietnam there can be many barriers which prevent parents from being with their baby. Parents are not visitors. Babies have the very best long-term developmental outcomes if their parents are able to be partners in delivering their baby's care on the neonatal unit. COVID adversely impact progress in this important area, we will redouble our efforts to give every mother and father access to their sick baby.

We will use the midwifery training needs analysis report completed this year to plan a training programme to develop compassionate respectful care at birth.

# Legal and administrative information

### **Charity name**

Newborns Vietnam

### **Charity registration number**

1144562

### **Company registration number**

7787718

### **Legal Status**

The organisation is a charitable company limited by guarantee and as such is governed by its Memorandum and Articles of Association. Each member is liable to contribute a sum not exceeding £10 in the event of the charity being wound up.

### Registered company office

75 Maygrove Road, London NW6 2EG

### **Bankers**

Barclays Bank 38 Islington Green London N1 8EH

Vietcombank 140-142 Le Loi Street Danang City Vietnam

### **Auditors**

Goldwins Limited
Chartered Accountants
75 Maygrove Road
London NW6 2EG

### **Solicitors**

Hogan Lovells International LLP 38th Floor, Bitexco Financial Tower 2 Hai Trieu, District 1 Ho Chi Minh City Vietnam

### **Chairman of the board of trustees**

Dr Duncan Macrae

### **Trustees**

Mr Nguyen Long
Mrs Suzanna Lubran MBE (Executive Director)
Mr Tien Hoanh Nguyen
Mr Desmond Poon
Mr Martin Reimann
Mr John Nicholas Robinson
Ms Samantha Campbell
Mr Bang H Trinh

### **Charity contact details**

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Telephone: 01392 770 108

Email: info@newbornsvietnam.org

Website: www.newbornsvietnam.org

# Structure, governance and management

### **Governing document**

Newborns Vietnam is registered as a charity with the UK's Charity Commission and is a company limited by guarantee, incorporated in England and Wales on 26<sup>th</sup> September 2011 and governed by its Memorandum and Articles of Association dated 15<sup>th</sup> September 2011.

Newborns Vietnam is also licensed by the People's Aid Co-ordinating Committee (PACCOM) of the Vietnam Union of Friendship Organisations (VUFO), to operate as an International Non-Governmental Organisation in Vietnam.

### **Management**

Members of the company elect a voluntary Board of Trustees (whom are also known as Directors), to be responsible for the overall governance and direction of the charity. Trustees are selected by the Board with regard to their suitability for the role, with the skills and experience to support our organisational growth, ensure good governance, transparency and provide highly specialist medical knowledge.

The Board currently has nine Trustees, including a Chairman and Treasurer. Typically, the full Board meets four times a year, with additional meetings held by specialist committees, currently comprising a Medical, Education and Finance, each of which is under the direction of two or more Trustees.

The day-to-day management of the charity's programmes are delegated to the Executive Director and are delivered in accordance with the approved delivery plan and annual budget.

## Our vision and values

Our vision is a world where there are no preventable deaths of newborn infants, where every birth is celebrated, and mothers and babies survive and realise their full potential. We are determined to do more to stop babies from dying the day they are born, or in days after their birth.

We are determined advocates working to raise awareness of neonatal mortality and advancing solutions informed by research and our direct experience. Our work is guided and informed by our commitment to getting the basics of newborn care right for every baby.

As an organisation we have a single-minded vision, and we act on it every day with commitment and passion. We work as one determined and ambitious team to end preventable newborn deaths in Vietnam.

- One focus. We keep our beneficiaries at the heart of everything we do and it's essential that everyone at Newborns Vietnam has a beneficiary-oriented mindset.
- Always looking to improve. We continuously look for ways to do things better, both internally and for our beneficiaries.
- o **Ambitious**. We're committed to achieving more on behalf of the parents of newborns born sick.
- Step up. We believe in doing what we say we do. We always rise to the occasion.
- o **Openness**. we are committed to a culture of teamwork and collaboration
- o **Inclusiveness** we respect people, value diversity and are committed to equality.
- o **Partnership** we know that we will not advance neonatal care on our own, we collaborate with others and together we support our public health partners to bring about change.
- Stewardship we take great care of the resources entrusted to us by others, whether this is money, time or trust, and we are open and transparent in our reporting.
- o **Inspire** through our work and our sports platform we inspire others to come together to help end preventable newborn deaths.

### Thank You

We greatly appreciate and thank our strategic partners, UK medical and nursing volunteers, companies, athletes, and the thousands of individuals for supporting us through another challenging year! Each and every donation is making a difference to the life chances of newborns in Vietnam.

ABC International School, ACSV Legal, Alchemy Asia, American International Hospital, Ava Sport, Bu Baby, Chops, Chim Sao Runners, BIM Group, Bonchon Vietnam, British Embassy Hanoi, Bull and Mo Team, 365 Begin, Doan Ket International, Empire City, Gaw Capital, Grant Thornton, Greenhat, Harbour Energy, Hogan Lovells International LLP, Hong Ngoc Hospital, International Minh Viet JSC, John Swire (H.K) Ltd, Vietnam Representative Office, KMS Solutions. KMS Technology, Minh Long, MTTS, Nat by Nature, NutiFood Vietnam, NRE Group, Play Nutrition, Pocari Sweat, Purple Asia, Renaissance School, ICUC, Staff Exeter Neonatal Unit, Savills Vietnam, S Commerce, Seedcom, Sunrise Events, Swire Long Lunch, Topas Travel, Unavailable, VNG Corporation, Wardhaven Capital,

Minh Anh, Ken Atkinson, Sue Blake, Henry Bott, Anne Bulgar, Samantha Campbell, Fraser Christie, Bui Quoc Dat, James Edmondson, Alan Grinceri, Frederik Grysolle, Simon Hardern, Andy Ho, Clare and George Hold, Pham Quang Hung, Sinh Huynh, Andy Knapp, Suzanna Lubran, Le Anh Nguyet, Simon Lunn, Dave Maggs, Mathias, Haike Manning, Ngo Dung, Nguyen Linh Chi, Nguyen Dat, Nguyen Duyen, Nguyen Ham Hanh, Nguyen Hoanh Tien, Nguyen To Phuong, Nguyen Teppi, Nguyen Tran Duy Anh, Nguyen Kao Toan, Nguyen Thi Hong Hanh, Judith Meek, Phillip Orme, Pham Kelly, Gloria Pantling, Lee Stevenson, Anne Thompson, Tran Hoang Viet, Truong Tan Khai Truong Anh Tuan, Vo Anh Tuan, Bang H Trinh, Dickon Verry, Yen Thi Hai Vo, George Williams, Josh Williams, and all the anonymous supporters and donators.

### Financial review

After two years of the Charity's programme being affected by the COVID pandemic, in 2022 international consultants were able to travel to Vietnam to provide training. As a result the division of expenditure reverted to the pre-COVID levels, with the bulk of spend being on the training and development programmes, 74% (£393k) this year compared to 28% (£75k) in 2021-22, 27% (£81k) in 2020-21, and 86% (£394k) in 2019-20.

With the return of face-to-face training in Vietnam, overall spend significantly increased to £546k, higher than the highest pre-COVID pandemic level of £459k in 2019-2022, and well above the previous two years, £277k in 2021-22 and £285k in 2020-2021.

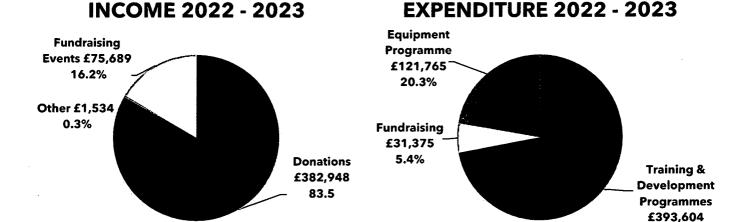
At £121k (20.3%), expenditure on equipment was higher than in any previous year other than 2020-21 (£160k - 56% of spend that year) when we supported partner hospitals' equipment needs during the pandemic.

In 2022-23 the Charity secured more income than in any previous year, £460k compared to £330k in 2021-22, £323k in 2020-21, and \$422k in 2019-2020, the highest pre-pandemic level.

This growth in income was primarily due the Charity's increased support from individuals and corporations in Vietnam resulting from wider recognition of the high quality of the programmes provided and the significance of their impact.

Unfortunately changes to the implementation of regulations controlling the income of foreign NGOs operating in Vietnam that came into force in November 2022 mean that it will not be possible to maintain this level of income in future years.

Whatever the mid-to-long term future holds, the Charity is in a strong financial position as it enters 2023-24. As at year start it holds cash resources of £683k, the Charity can be confident that it will be able to carry out all its planned programmes for the remainder of 2023 whatever the income received, and it has time to consider and develop plans for the future.



74.3%

### **Reserve Fund**

The charity's trustees have agreed that its reserve policy requires the retention of sufficient financial resources necessary to meet our legal obligations resulting from a closure of the organisation over a three-month period. The calculated sum includes; the gross cost of staff for two months and an allowance for redundancy, a set sum based on the general running costs budget for small contractual commitments, and reasonable allowances for the termination of any large (over £3,375 per annum) contracts that are held. The allowance is reviewed at least on a quarterly basis, or upon the taking on of any new large contractual commitment.

# Trustees' statement and responsibilities

The trustees (who are also directors of Newborns Vietnam for the purposes of company law) are responsible for preparing the Trustees' Report (incorporating the directors' report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company [and the group] and of the income and expenditure of the charitable [company/group] for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company [and the group] and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### **Approval**

This report was approved by the Board of Trustees on 25<sup>th</sup> January 2024 and signed on its behalf by:

Dr<sup>1</sup>Duncan Macrae, Interim Chairman of the Board of Trustees

# Independent auditor's report to the members and trustees of Newborns Vietnam

### **Opinion**

We have audited the financial statements of Newborns Vietnam (the 'charitable company') for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as of 31 March 2023 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the trustees' annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' annual report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' annual report has been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

### Responsibilities of the trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial

statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

### Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
- Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.

- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested
  the appropriateness of journal entries and other adjustments, assessed whether the
  judgements made in making accounting estimates are indicative of a potential bias
  and tested significant transactions that are unusual or those outside the normal
  course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

### **Use of our Report**

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Epton

Anthony Epton (Senior Statutory Auditor) for and on behalf of Goldwins Limited Statutory Auditor Chartered Accountants 75 Maygrove Road West Hampstead London NW6 2EG

Date: ...... 25 January 2024

## Statement of financial activities

(incorporating income and expenditure account)

# For year-end 31st March 2023

		Unrestricted funds	Restricted funds	Total 2022/23	Total 2021/22
		£	£	£	£
Income from:					
Donations (Individual & Corporate)		271,118	111,830	382,948	241,814
Other trading activities	5	75,689	-	75,689	86,695
Other incoming (Bank interest)		1,534	-	1,534	1,696
Total income	-	348,341	111,830	460,171	330,205
Expenditure on:					
Raising funds	6	31,375	-	31,375	14,862
Charitable activities	7	373,986	141,381	515,367	262,901
Total expenditure	-	405,361	141,381	546,742	277,763
Net income / (expenditure) before transfers		(57,020)	(29,551)	(86,571)	52,442
Transfer between funds		(44,419)	44,419	-	-
Other recognised gains / (losses)					
Foreign Exchange gains / losses	_	(2,247)	-	(2,247)	2,990
Net Movement in funds		(103,686)	14,868	(88,818)	55,432
Balance brought forward	_	695,544	34,760	730,304	674,872
Total funds carried forward	13	•591,858	49,628	641,486	730,304

# Balance sheet at 31st March 2023

		Unrestricted Funds	Restricted Funds	2022/23	2021/22
		£	£	£	£
Current assets					
Stocks	10	3,924 .	-	3,924	5,685
Debtors and prepayments	11	7,546	-	7,546	39,263
Cash at bank and in hand		601,639	82,269	683,908	722,475
	•	613,109	82,269	695,378	767,423
<b>Creditors</b> Amounts falling due in one year		(21,251)	(32,641)	(53,892)	(37,119)
Net current assets	•	591,858	49,628	641,486	730,304
*	13			TO 4 0 TO	
Unrestricted funds				591,858	695,544
Restricted Funds				49,628	34,760
Total funds			_	641,486	730,304

The financial statements have been prepared under the historical cost convention, and in accordance with the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Approved by the trustees on 25th January 2024 and signed on their behalf by:

John Nicholas Robinson - Trustee Company registration no. 07787718

The attached notes form part of the financial statements.

# Notes to financial statements for the year ended 31st March 2023

### 1 Accounting policies

### **Basis of preparation**

- a) The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 effective 1 January 2015) (Charities SORP FRS 102) and the Companies Act 2006. The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.
- b) Going concern. The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

### Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

### **Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

### Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated to expenditure on charitable activities.

### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

### Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowances for absolute and slow-moving items.

#### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Further explanation of the nature and purpose of each fund is included in these notes to the financial statements.

### 2 Detailed comparatives for the statement of financial activities

	Unrestricted funds £	Restricted funds £	Total 2021/22 £
Incoming from:			
Donations (Individual & Corporate)	103,359	138,455	241,814
Activities for generating funds	75,872	10,823	86,695
Other incoming (Bank interest)	1,696		1,696
Total incoming resources	180,927	149,278	330,205
Expenditure on:			
Raising funds	14,862	-	14,862
Charitable activities	113,165	149,736	262,901
Total expended	128,027	149,736	277,763
Net incoming / (outgoing) Resources before transfers	52,900	(458)	52,442
Other recognized gains /(losses)			
Foreign Exchange gains /(loss)	2,984	6	2,990
Transfer between funds	(19,247)	19,247	<u>-</u>
Net movement in funds	36,637	18,795	55,432
Balance brought forward	658,907	15,965	674,872
Total funds carried forward	695,544	34,760	730,304

### 3 Exchange Rates

Exchange rate of Vietnam Dong to Pounds Sterling are those quoted as the transfer rate by the Vietcombank (Joint Stock Commercial Bank of Vietnam) for the day given at the bank headquarters.

### 4 Trustee Remuneration and benefits.

There were no trustees' renumeration or other benefits for the period ending 31<sup>st</sup> March 2023. There were no trustees' expenses paid for the period ended 31<sup>st</sup> March 2023, other than those noted in the related parties note 16.

5	Other trading activities	2022-23	2021-22	
		£	£	
	Fundraising events	75,689	86,695	

_	

6	Cost of generating voluntary income	2022-23	2021-22
		£	£
	Fundraising activities	15,906	4,243
	Add Governance costs	15,469	10,619
		31,375	14,862
7	Charitable activities	2022-23	2021-22
		£	£
	Medical staff training	302,985	13,037
	Medical equipment & consumables	93,730	179,622
		396,715	192,659
	Add Governance costs	118,652	70,242
	•	515,367	262,901
8	Governance costs	2022-23	2021-22
		£	£
	Bank charges	763	454
	Operational costs	130,058	77,107
	Audit fees	3,300	3,300
		134,121	80,861
	Less: Allocated to fundraising activities	(15,469)	(10,619)
	Less: Allocated to charitable activities	(118,652)	(70,242)
		-	-
9	Analysis of staff cost	2022-23	2021-22
	(Programme and Finance Staff)	£	£
	Wages	100,030	68,569
	On-costs	1,860	1,371
		101,890	69,940

None of the employees received employee benefits (excluding employer pension) during the year of more than £60,000 (2022: none).

### **Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was six (2022: six) At the end of the year, there were four employees.

10	Stock	•	2022-23	2021-22	
			£	£	
	Finished goods		3,924	5,685	

11	Debtors	2022-23	2021-22
		£	£
	Donations receivable	7,546	39,263
		7,546	39,263
12	Creditors: amounts falling due within one year	2022-23 £	2021-22 £
	Training, equipment and operation creditors	53,796	35,941
	Other creditors	96	1,178
		53,892	37,119

### 13 Movement in funds in 2022-2023

	At 1.4.22	Net movement in funds	Transfer between funds	At 31.3.23
Unrestricted	£	£	£	£
- General fund	695,544	(59,267)	(44,419)	591,858
Restricted funds				
- Midwifery Training	-	34,478	-	34,478
- Network Safe Transport System*	18,483	(7,567)	-	10,916
- Network Medical Equipment	16,277	(12,043)	-	4,234
- NLS Training	-	(44,419)	44,419	0_
Sub-Total	34,760	(29,551)	44,419	49,628
Total Funds	730,304	(88,818)	•	641,486

### Net movement of funds in 2022-2023

	Incoming resources	Resources expended	Gains & Losses	Movement in funds
Unrestricted	£	£	£	£
- General fund	348,341	(405,361)	(2,247)	(59,267)
Restricted funds				
- Midwifery training	34,478	-	-	34,478
- Network Safe Transport System*	-	(7,567)		(7,567)
- Network Medical Equipment	16,643	(28,686)	-	(12,043)
- NLS training	60,709	(105,128)	<u>-</u>	(44,419)
Sub-Total	111,830	(141,381)	-	(29,551)
Total Funds	460,171	(546,742)	(2,247)	(88,818)

<sup>\*</sup> With agreement of funders, the Ambulance Purchase Fund was changed to the Network Safe Transport Fund.

### Movement in funds in 2021-2022

	At 1.4.21	Net movement in funds	Transfer between funds	At 31.3.22
Unrestricted	£	£	£	£
- General fund	658,907	55,884	(19,247)	695,544
Restricted funds				
- COVID Equipment & Consumables	-	(19,247)	19,247	-
- Network Medical Equipment	5,172	11,105	-	16,277
- Ambulance Purchase Fund	10,793	7,690	<u>-</u>	18,483
Sub-Total	15,965	(452)	19,247	34,760
Total funds	674,872	55,432	-	730,304

### Net movement of funds in 2021-2022

	Income	Expenditur e	Gains & Losses	Moveme nt in funds
Unrestricted	£	£	£	£
- General fund	180,927	(128,027)	2,984	55,884
Restricted funds - COVID Equipment & Consumables	84,738	(103,985)	-	(19,247)
- Network Medical Equipment	19,529	(8,424)	-	11,105
- Ambulance Purchase Fund	45,011	(37,327)	6	7,690
Sub-Total	149,278	(149,736)	6	(452)
Total funds	330,205	(277,763)	2,990	55,432

### 15 Analysis of cash and cash equivalents

	At 01 April 2022	Cash flows	At 31 March 2023	
	£	£	£	
Cash at bank and in hand	722,475	(38,567)	683,908	
Total cash and cash equivalents	722,475	(38,567)	683,908	

	At 01 April 2021	Cash flows	At 31 March 2022	
	£	£	£	
Cash at bank and in hand	674,227	48,248	722,475	
Total cash and cash equivalents	674,227	48,248	722,475	

### 16 Related party transactions

During the year under review, the charity reimbursed expenses of £879 to trustee Mr. J. N. Robinson which he had paid on behalf of the charity. None of these were personal expenses.